

# Cinco Ranch Ladies Club Newsletter

President's Message

January 2026

Happy New Year ~

As we begin 2026, we look forward to many changes and new possibilities. The arrival of a new year means transitions for everyone—including our newsletter. You'll notice an updated monthly newsletter format, as Publisher support ends in October of 2026. We decided to start the new WORD format beginning with this issue, but rest assured, it's only a visual update; our content will remain consistent. Thank you for your understanding as I adapt to this process and develop new skills.

We deeply appreciate Jill Coble, Chairwoman, for her outstanding leadership during the Annual Holiday Charity Fundraiser, "Tis the Season to Sparkle." Thanks to her committed committee and the generous support of CRLC members, we're thrilled to announce over \$10,000 was raised for Lunches of Love. CRLC presented a check for \$10,000, with an added \$3,400 contributed by our corporate community partners. These donations will help Lunches of Love continue working towards their goal of sustaining the current program while expanding to include additional Title 1 schools. They are committed to helping end childhood hunger in Fort Bend County. No child should go to bed hungry!

CRLC experienced a lively first quarter, filled with engaging activities and some challenges, making us even more excited about what's ahead in 2026. I proudly welcome the new year and hope our club continues to flourish, fostering an inclusive and diverse community. We've already enjoyed wonderful events and programs, and I'm optimistic that the coming year will bring even more opportunities for us to connect and build strong relationships.

As we begin a new year, please remember to RSVP promptly and keep your plans updated for monthly sub club gatherings. If you need to cancel, try to do so at least 24 hours beforehand so others can participate and hosts can prepare.



Hope to see you soon,

Jenna

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# This and That .....

## Upcoming CRLC General Membership Meetings

January 6	Midlife Weight Gain, The Facts, The Frustrations & The Fixes
February 3	Valentine's Day Card Making for local Senior Communities

## General Meeting Details

Join us at The Local Table on January 6th—doors and dinner start at 5:30 pm, RSVP via EVITE. Dr. Sejal Desai from Tula Medical Weight Loss and Medical will join us to teach us about how our bodies evolve in midlife, why weight shifts and how to reclaim confidence, energy and balance at any age. Local Table will provide the seasonal menu for you to choose for \$20 (tax/tip included) or order from the regular menu; drinks are extra and cashless payments are preferred. Parking is available at Redeemer Community Church. Hope to see you!

## CRLC Directory

If you need to contact other members, please check out the CRLC Member Directory via our website: [CincoRanchLadiesClub.org](http://CincoRanchLadiesClub.org). Under **Members** use the password to access an online directory. Take a picture or put it your phone under CRLC as a reminder.

### CRLC Directory Password:

\*\*\*New member info is being added so pls check back periodically if you don't see it.



Kaculi Drita

Fran Franklin

Jennifer Girard

Shelia Nelson

## CRLC Helping Hands

We're excited to build a supportive community for our members! If you're interested in helping out or need some assistance, please feel free to reach out. Whether it's sharing rides to CRLC activities or appointments, organizing a meal train after surgery, providing tech support, or anything else, your kindness makes a big difference. If you'd like to join our CRLC Helping Hands network, just send us an email—everyone's help is greatly appreciated!

Email—[jdorow66@gmail.com](mailto:jdorow66@gmail.com)



PHOTOS WANTED- Please share any photos you take at any CRLC events. with us- please email them to Kim Sheeran so she can post on our CRLC Facebook page. Thanks so much!

**CRLC Website address**

**<https://Cincoranchladiesclub.org/>**



Gather your roommate and join us for an exciting Girls Trip! We're planning a 6-day, 5-night Carnival Cruise departing from Galveston on Saturday, April 25, and returning Thursday, April 30. If you're interested but don't have a roommate, reply "yes" in the comments to find someone with similar interests. Someone might contact you, or you can reach out.

### Itinerary:

- April 25: Depart Galveston
- April 26: Cruising- April 27: Cozumel
- April 28: Progreso
- April 29: Cruising
- April 30: Return to Galveston

Pricing is based on two people sharing a cabin. Discounts may be available for groups of 3 or 4—please ask Bridgett for details.

- Inside Cabin: \$559 per person
- Ocean View Cabin: \$674 per person
- Balcony Cabin: \$759 per person

To secure the group rate, book within the next 30 days (by 11/14). After that, options may change. A \$100 deposit per person is required at booking, refundable until January 20. Final payment is due by 1/20/26.

Contact Bridgett Quinn Webber to make your reservation. Mention you're with the CRLC group (Beth Clark).



## From the Membership Desk of Tracy BeDell

A big, warm CRLC *Happy New Year* to the ladies who joined us in December: Drita Kaculi, Sheila Nelson, Fran Franklin, and Jennifer Girard. We are so glad you're here. As always, membership is open year-round!

As many of you know, this year's theme is "Building Friendships". With January filled with fresh starts and New Year's resolutions, I thought it fitting to borrow a bit of wisdom from Aristotle's *Nicomachean Ethics*.

Aristotle described friendship as a kind of ladder. On the lower rungs are friendships based on utility—what we might call "deal friends," not "real friends." These relationships are helpful and practical, like those with coworkers, neighbors, or acquaintances who assist us in achieving a goal. Moving up the ladder, we find friendships based on pleasure—the fun friends! These are the people we enjoy being around because they're entertaining, smart, interesting, or simply a joy to spend time with. *Girls just wanna have fun friends!*

At the very top are what Aristotle called "perfect friendships." These are relationships grounded in mutual goodwill and a shared love of something virtuous beyond oneself—faith, service, community, or a meaningful cause. Of course, friendships often blend elements from all of these levels.

As we reflect on our relationships in the new year, perhaps a worthwhile resolution is to be mindful of our friendships, nurturing them, deepening them, and even elevating some to the next rung. Doing so can enrich our mental health, sense of belonging, and companionship.

I'm thankful to be part of CRLC, a club that proves every day that meaningful friendships aren't just possible, they're happening right here.



# **CRLC January General Meeting**

**January 6<sup>th</sup> 5:30 pm**

**Local Table**

## ***Midlife Weight Gain, The Facts, The Frustrations and & The Fixes***

***Dr. Sejal Desai, MD, DABOM***

**Dr. Sejal Desai is a board-certified obesity medicine physician and founder of Tula Medical Weight Loss & Wellness in Katy. She's passionate about helping women achieve lasting wellness through the menopause transition with science, compassion, and practical lifestyle tools. Known for her warm and nonjudgmental approach, Dr. Desai empowers her patients to feel confident and in control of their health.**

**She is the President of Houston Obesity Partnership for Excellence (HOPE) and Vice President and co-founder of Women Physician Entrepreneurs of Houston. Beyond her practice, Dr. Desai is a sought-after speaker on women's metabolic health and a strong advocate for empowering women to thrive at every stage of life.**

**Please remember to RSVP to let us know you are able to join us !**

## 'Tis the Season to Sparkle

Darlings.....It was "Tis the Season to Sparkle at Tiffany's" when CRLC Members and Guests gathered at The Club at Falcon Point for the December 5th Charity Luncheon. Attire was little black dresses, utterly fabulous Pearls, Sparkles and divine costume jewelry!! Thanks to Pam McDuffie, Decorations Chair, the room came to life with "Tiffany" decorations which provided lots of photo opportunities. Proceeds from the Silent Auction and Drawings benefitted our chosen Charity, Lunches of Love.



















# CRLC CHECK PRESENTATION TO LUNCHES OF LOVE



# thank you

When it comes to planning an event, it takes a lot of teamwork to make the event a success. Thanks to the following ladies who made up the team for the "Tis the Season to Sparkle at Tiffany's" Charity Luncheon.

Piper Keating

Nancy Creedon

Sally Outlaw

Joan Batts

Kim Horvitz

Kathryn Gomez-Fleming

Mary Holmes

Patti Parise

Joyce Rogers

Theory Chiu

Mary Ann Eularte

Annette Smotherman

Cathy Wilson

Jeana Dorow

Leah Rodriguez

Pam McDuffie

Cynde Renteria

Patti Lacy

Brenda Kleidon

Aida Pita

Kathy Crawford

Else Earley

Gina Gauthier

Debbie Steinfeld

Mary Mac Brock

Kim Wallin

Jody Turner

Sheryl Catalina

Frances Carr

Ellen Dyal

Valerie Pieroni

Bobbie Jo Ray

Natalie Hunter

Miriam Langford

Nancy Waller

Lisa Caughorn

I appreciate all your hard work and couldn't have done it without all of your help.

Jill Coble



# Cinco Ranch Ladies Club Financial Statement

2025 December

As of: 12/9/2025 @ 2 p.m.

Opening Bank Checking Account Balance as of 11/16/25 @ 1:12 p.m. **\$24,376.48**

## Deposits

Memberships - Renewal	\$45.00
Memberships - New	\$180.00
Return Funds Pulled for Making Change (Ck #1453 & 1454)	\$350.00
** Charity Fundraising Luncheon Tickets Sold 11/18-12/4/25 **	\$225.00
** Charity Fundraising Luncheon Nancy Croodon Donation	\$25.00
Charity Fundraising Luncheon SubClub Baskets	\$8,125.00
*** Budget ID 002.7.2 - 25/26 FY Square Fees + to CRLC to Operating Exp-Treasurer	(\$163.89)
Charity Fundraising Luncheon Drawing from Tickets Sold	\$1,632.00
<b>Total</b>	<b>\$10,418.11</b>

## Expenditures

Check #1433 Sue Currie	
Budget ID 002.5.4.2 Sub Club Silent Auction Baskets Reimb.	(\$100.00)
Check #1435 Will Coble	
Budget ID 002.2.1 Lunches of Love Speaker at Gen'l Mtg. Reimb.	(\$18.24)
Check #1437 Hope Gilson	
Budget ID 002.5.4 Sub Club Silent Auction Basket Reimb.	(\$42.17)
Check #1438 Cynthia Rogan	
Budget ID 002.5-4 Sub Club Silent Auction Basket Reimb.	(\$50.00)
Check #1440 MaryMac Brock	
Budget ID 002.5-4 Sub Club Silent Auction Basket Reimb.	(\$30.34)
Check #1441 Elizabeth Castle	
Budget ID 002.5-4 Sub Club Silent Auction Basket Reimb.	(\$49.98)
Check #1442 Beth Clark	
Budget ID 002.5-4 Sub Club Silent Auction Basket Reimb.	(\$50.00)
Check #1444 Beth Clark	
Budget ID 002.5-4 Sub Club Silent Auction Basket Reimb.(Mexican Train)	(\$50.00)
Check #1448 Beth Clark	
Budget ID ??? Mexican Train Games & Supplies (Retained Earnings?)	(\$113.34)
Check #1449 Beth Clark	
Budget ID ??? Lunches of Love Bags and Supplies to Decorate (Retained Earnings)	(\$70.49)
Check #1450 Tracy GreenHill	
Budget ID 002.5-4 Sub Club Silent Auction Basket Reimb.	(\$50.00)
Check #1453S - Change for Drawing Ticket sales at Charity Fundraising Luncheon	(\$250.00)
Check #1454 - Cash Change for SubClub Auction Basket Sales @ Luncheon	(\$100.00)
Debit Card Transaction - The Club at Falcon Point	
Budget ID 002.3.1.1 - Real Payment for Charity Fundraising Luncheon	(\$3,627.44)
<b>Total</b>	<b>(\$4,680.00)</b>
 <b>Bank Balance as of 12/09/2025 @ 2 p.m.</b>	 <b>\$30,194.59</b>

## Account Summary

[Edit Accounts View](#) | [Add Account Access](#)

### CRLC

x7328

**\$30,145.30**

Available Balance

**\$30,194.59**

Current Balance

### 12 - < 18 Month

x3415

**\$12,386.46**

Available Balance

**\$12,375.27**

Current Balance

Maturity: 04/29/2026



# SAVE THE DATE

- Book Club Cynthia Rogan 1st Thursday @ 6:30 pm Jan 8 Union Kitchen
- Bowling Joyce Rogers 3rd Tuesday @ 12:30 pm Jan 20 Times Square Entertainment  
402 W Grand Parkway
- Bunco-Day Cathy Wilson 1st Monday @ 11:00 am Jan 5 Texas Borders  
26440 FM 1093 Richmond
- Bunco-Night Tracy Gremillion 2nd Tuesday @ 6:00 pm Jan 13 Robin Smith's home
- Canasta Sue Currie 3rd Monday @ 11:00 am Jan 19 Center Court Pizza  
9550 Spring Green Blvd
- Coffee Tiffany Lanza 4th Thursday @ 9:30 am Jan 22 Cocohodo
- Creative Kitchen Piper Keating/ 2nd Thursday @ 11:30 am Jan 8 Miriam Langford's home  
Mary Mac Brock
- Dining Out Jill Coble/ 3rd Friday or Saturday @ 6:30 pm Jan 17 Lazy Dog  
Joy Shreve
- Garden Club Jennifer Pazicni 4th Wednesday @ 10:00 am Jan 28 Houston Farmers Market
- Ladies Night Out Penny Grant Happy Hour 4-7 Jan 9 Pearl and Vine

Lunch Bunch Sally Outlaw 4th Friday @ 11:30 am Jan 23 Russo New York Pizzeria  
and Italian Kitchen

Mahjong Penny Smith 2nd Wednesday @ 1:00 pm Jan 14 Texas Borders Restaurant

Mexican Train-Day Liz Castle 1st Thursday @ 11:00 am Jan 2 El Asador (date change!)

Mexican Train-Night Beth Clark 4th Tuesday @ 5:15 pm Jan 27 El Asador Mexican

Mindful Meditation Hanne Siatka 2nd Monday @ 6:30-8 pm Jan 12 Hanne Siatka's House

Movie Club Sue Currie TBD

Pickleball Hope Gilson 3rd Monday 7:30am Jones Creek Ranch 7714 FM359 Richmond 7:30am

PokenoYaYa Chalmers 1st Wednesday @ 1:00 pm Jan 7 Faye Burke

27715 Liberty Heights Lane

Walking Debbie Steinfeld Every Friday @ 9:00 am Jan 9, 16, 23 & 30 Katy Mills Mall  
Entrance 2

Wine Club JoAnn Miller/ 3rd Wednesday @ 6:30 pm Jan 21

Cristi Harrelson

Faye Burke's home  
27715 Liberty Heights Lane

Upcoming Bonus Events Jan 31 Stages Theatre- The Bride ..... Lunch at Treebeards  
Apr 25-30 Cruise

# SUB CLUBS

# ACTIVITIES



# CRLC BOWLING



Join us at Times Square on the 3<sup>rd</sup> Tuesday at Times Square at 12:30 pm



# WINE - NIGHT

CRLC members had a lovely evening enjoying the fabulous holiday decorations adorning Beverly Crawford's home. A super fun wine glass gift exchange and delicious food and wine completed the perfect evening! A Holly Jolly Good Time was had by all .....



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## WINE NIGHT -Beverly Crawford's Home



Members were asked to bring a wine glass for a very fun gift exchange. Many really fun and interesting glasses were sought, stolen and shared. It was a really fun game and unique spin to the traditional Christmas gift exchange game.

## CREATIVE KITCHEN- Cozy Christmas

CRLC members got cozy at the home of Tiffany Lanza in early December to kick off the holiday season- guest enjoyed great food, a fun gift exchange of Holiday Socks and even enjoyed a Christmas PJ contest- Everyone left a winner- it was a great time with good friends!









# Nollaig na mBan

In Ireland, this night is cherished as Nollaig na mBan—Women's Little Christmas. For generations, it's been our sweet reward: the one evening when we, who have carried the full weight of the holidays—get to lay it all down. The men take the house and the children with good grace, and we gather in kitchens steaming with tea or in pubs like this, sharing stories that make us howl with laughter, songs that lift our souls, and the pure joy of each other's company.

But Nollaig na mBan is more than one date on the calendar. It flows from a gentle, universal truth we all know in our bones: *that spirit of tending, creating, and*

*weaving everyday moments into something magical lives warmly in the hearts of women everywhere.*

And so, on this night, just as we sank deeper into our well-earned ease, the door creaked open.

It was Danny.

He hadn't meant to intrude—he knew this was our rightful night. But he stepped in quietly, eyes shining with tenderness, and the room fell into a gentle hush. In a warm deep voice, he thanked us for the celebrations of his childhood: the lights, the feasts, the love we poured in that he hadn't fully seen back then. He spoke of hard times, of how those glowing memories had helped when he was far away and aching.

Then he turned to his mother, her face soft in the candlelight.

"Ma," he said gently, "you don't have to do so much for me—for any of us. I see it now. I see how much heart you give, how you make every year even more beautiful. I just want you to tend to yourself, too. You deserve rest. You deserve joy."

It was pure love speaking—the fierce, protective kind that grows in sons when they finally understand the depth of a mother's giving.

We applauded warmly, gratefully, like one big shared hug.

When he left with a shy smile, we sat turning his words over like smooth stones warmed in our palms.

Did he think our celebrations were too much? Too exhausting?

Because for us, celebration is never just "nice to have." It's a profound act of love. *In life's chaos, our effort turns ordinary days into gifts—filling the voids of life with light, generosity, and connection.*

We understood his worry; we held it tenderly. And we also carry the deeper wisdom: *some people need the magic most when they don't know how to ask for it, or even believe they deserve it.*

Every year, someone says with kindness, "Don't bother." "Keep it simple." "Go with the flow."

And we smile—knowing how true and untrue it can be.

Sometimes simplifying is the gentlest choice. Sometimes it's a loving shield against the risk of giving too much, or the ache of receiving more than we feel we return.

We know this intimately.

We've stumbled in creating wonder. We've overdone it, poured our hearts out, hoped fiercely—and yes, faced disappointment, ungrateful words, moments of stinging loneliness.

Yet here we are, on this Nollaig na mBan, gathering not just to rest or vent, but to wrap one another in a gift of inspiration—to keep tending that beautiful flame together.

Because when the decorations sparkle like captured stars, when songs rise in harmony, when someone asks for a second slice of roast or a child leans in for the story's end—something ancient and joyful awakens in us all.

We keep nurturing that magic, making it brighter each year—not to perform it alone, but to invite everyone we love in: our Dannys, their families, all the community—to create it hand in hand with us.

That is the true gift of Women's Little Christmas, and of every celebration shaped by our hands: *love chosen again and again, built with intention and joy, shared until it multiplies and warms every heart it touches.*

Submitted by an anonymous author



## BUNCO NIGHT HOLIDAY PARTY

Bunco ladies gathered at the home of Liz Castle to enjoy a night of fun and frivolity- Liz treated us to her homemade soup and everyone brought delicious nibbles. We had a fun filled gift exchange- many wonderful opportunities to STEAL!!! Apparently, a foot massager was the gift to get - who knew.



Ladies'  
Bunco  
Night



for fun &  
friendship!



### DAYTIME BUNCO

CRLC members playing Bunco at Texas Borders and Grill- Feel free to join in the fun the first Monday of the month-



# CRLC MONTHLY CALEDAR

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st	Bunco - Day @ 11:00 am	General Mtg @ 5:30 pm Local Table - Cinco Ranch	Pokeno @ 1:00 pm	Mexican Train - Day @ 11:00 am  Book Club @ 6:30 pm	Walking @ 9:00 am	
2nd	Mindful Meditation @ 6:30-8:00 pm	Bunco - Night @ 6:30 pm	Mahjong @ 1:00 pm	Creative Kitchen @ 11:30 am	Walking @ 9:00 am	
3rd	Pickleball @ 7:30am  Canasta @ 11am- 2:00pm	Bowling @ 12:30 pm	Wine Club @ 6:30 pm	Bonus Event Bus Jan-May	Walking @ 9:00 am	Dining Out @ 6:30 pm
4th		MexicanTrain Evening @ 5:30-8:30 pm	Gardening @ 10:00 am	Coffee @ 9:30 am  CRLC Board Meeting @ 3:30 pm	Walking @ 9:00 am  Lunch Bunch @ 11:30 am	

Movie Club dates and times vary- check the EVITE

## CRLC BOARD OF DIRECTORS

<b>President</b>	<i>Jeana Dorow</i>
<b>1st Vice President</b>	<i>Liz Castle</i>
<b>2nd Vice President</b>	<i>Jill Coble</i>
<b>Secretary</b>	<i>Jody Turner</i>
<b>Treasurer</b>	<i>Nancy Creedon</i>
<b>Sub Clubs</b>	<i>Beth Clark</i>
<b>Marketing</b>	<i>Kim Sheeran</i>
<b>Membership</b>	<i>Tracy Bedell</i>
<b>Parliamentarian</b>	<i>Jill Coble</i>



### CRLC Sub Club Leaders

<i>Book Club</i>	<i>Cynthia Rogan</i>	<i>1st Thursday @ 6:30 pm</i>
<i>Bowling</i>	<i>Joyce Rogers</i>	<i>3rd Tuesday @ 12:30 pm</i>
<i>Bunco - Day</i>	<i>Cathy Wilson</i>	<i>1st Monday @ 11:00 am</i>
<i>Bunco - Evening</i>	<i>Tracy Gremillion</i>	<i>2nd Tuesday @ 6:00 pm</i>
<i>Canasta</i>	<i>Sue Currie</i>	<i>3rd Monday @ 11:00 am</i>
<i>Coffee</i>	<i>Tiffany Lanza</i>	<i>4th Thursday @ 9:30 am</i>
<i>Creative Kitchen</i>	<i>Mary Mac Brock</i>	
	<i>Piper Keating</i>	<i>2nd Thursday @ 11:30 am</i>
<i>Dining Out</i>	<i>Jill Coble/ Joy Shreve</i>	<i>3rd Fri/Saturday @ 6:30 pm</i>
		<i>4th Wednesday @ 10:00 am</i>
<i>Gardening</i>	<i>Jen Pazicni</i>	<i>TBD</i>
<i>Ladies Night Out</i>	<i>Penny Grant/Beth Clark</i>	
<i>Lunch Bunch</i>	<i>Sally Outlaw</i>	<i>4th Friday @ 11:30 am</i>
<i>Mahjong</i>	<i>Penny Smith Leder</i>	<i>2nd Wednesday @ 1:00 pm</i>
<i>Mexican Train - Day</i>	<i>Liz Castle</i>	<i>1st Thursday @ 11 am</i>
<i>Mexican Train - Evening</i>	<i>Beth Clark</i>	<i>4th Tuesday @ 5:30 pm</i>
<i>Mindful Meditation</i>	<i>Hanne Siatka</i>	<i>2nd Monday 6:30- 8 pm</i>
<i>Movie Club</i>	<i>Sue Currie</i>	<i>TBD</i>
<i>Pickleball</i>	<i>Hope Gilson</i>	<i>3rd Monday 7:30 am</i>
<i>Pokeno</i>	<i>YaYa Chalmers</i>	<i>1st Wednesday @ 1:00 pm</i>
<i>Walking Group</i>	<i>Debbie Steinfeld</i>	<i>Every Friday @ 9:00 am</i>

### CRLC Committee Chairs

<i>Prayer Partners</i>	<i>Brenda Kleidon</i>	<i>springwoods 72@gmail.com</i>
<i>Bonus Events</i>	<i>CRLC Board</i>	
<i>Charity &amp; Volunteer Connection</i>	<i>Patty Lacy/ CRLC Board</i>	



*The Cinco Ranch Ladies Club (CRLC) was established in 1992 to provide residents with activities, both social and charitable. We designate several charities each year as recipients for our fundraising events. We meet once month, as an entire club in a general meeting. Our numerous sub-clubs meet at least once a month on a small scale and appeal to all different interests.*

*Katy is rapidly expanding, and we welcome those in all the surrounding areas and neighborhoods of Katy, Fulshear, and Richmond-not just residents of Cinco Ranch!*

